

AROUSAL- RELAXATION CYCLE



Pathways to Permanence 2

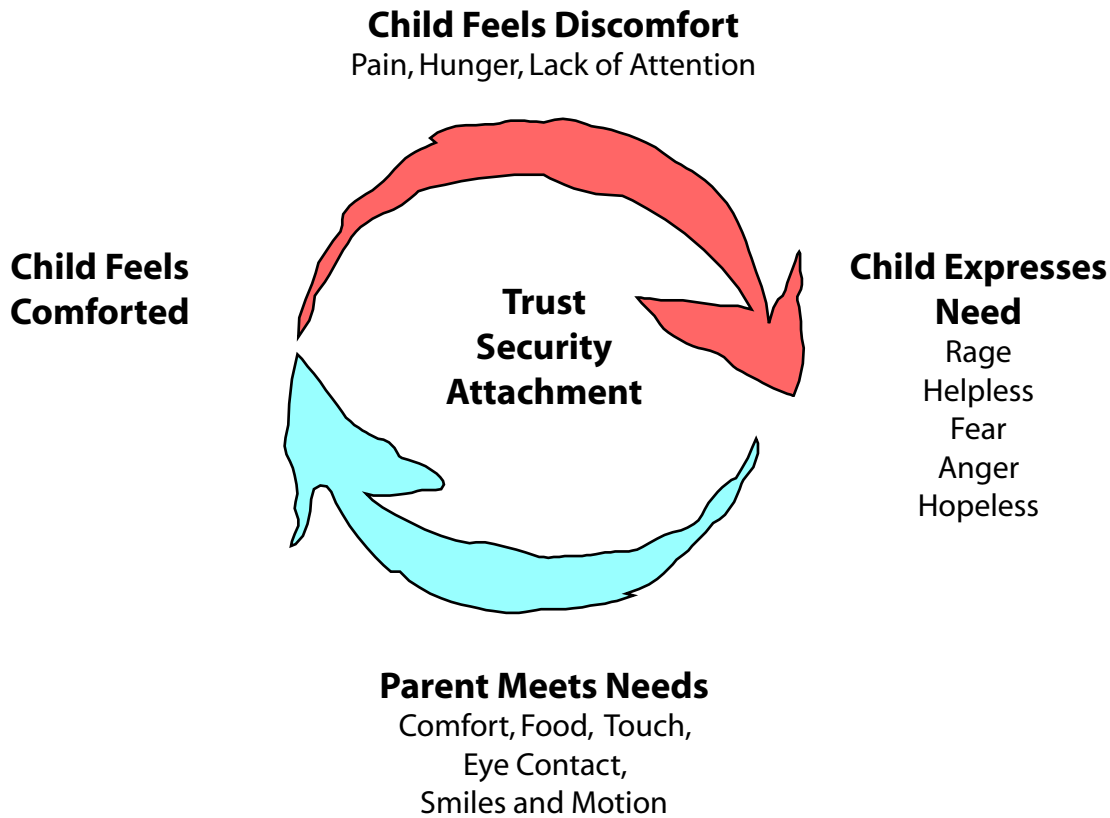
PARTICIPANT RESOURCE NOTEBOOK

Parenting Children WHO HAVE Experienced Trauma AND LOSS

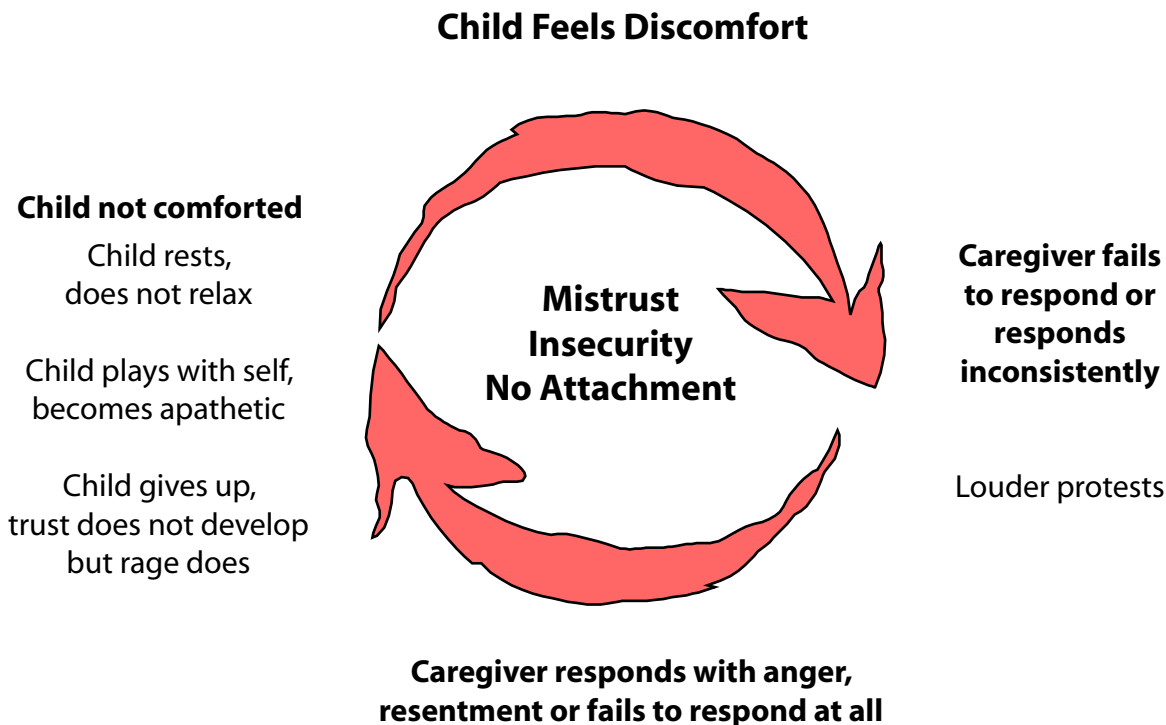
Session 4

Creating Positive Attachments Part 1

Parent's Toolbox



THE DISRUPTED CYCLE



Adapted from:

Fahlberg, V. (1991). *A child's journey through placement*. Indianapolis, IN: Perspective Press, .p. 33