



# ACT

Participant  
Resource  
Notebook

*The Art &  
Science of  
Attachment-*

Practice  
Tools

## QUESTIONS TO ASK WHEN ASSESSING POSSIBLE ATTACHMENT IMPAIRMENTS

*Developed by Gayle Ward, M.A.*

- How does the child show affection? Is there warmth and affection in interactions? Is the child indiscriminate in showing affection with unfamiliar adults?
- Does the child seek comfort when hurt, ill or frightened? Are their comfort seeking methods clear, odd or ambivalent?
- Does the child rely on others for help? Is the child excessively dependent or push away help when offered?
- Is the child cooperative, excessively demanding or compulsively compliant?
- What is the child's exploratory behavior? Is there a failure to "check back" or connect with the caregiver in unfamiliar surroundings? Are the explorations limited by an unwillingness to leave the caregiver?
- What are the child's controlling behaviors? Is the child bossy and punitive towards the caregiver? Is the child overly solicitous and inappropriate in caregiving behavior toward the caregiver?
- What are the child's reunion responses like? How does the child reestablish interaction after separation? Does the child ignore and avoid after reunion, showing no affection, or is the child overly clingy?

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