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ONE DAY VIRTUAL TRAUMA TRAINING FOR FOSTER PARENTS

Trauma & Loss Through the Mind,
Body & Heart of Children & Youth
in Foster Care



WHAT IS IT?

Foster parents provide a unique and essential part of the permanency journey for children and youth who can not stay with their original families. This means foster parents need and deserve trauma training that is unique to their role and is informed by the living experiences of children, youth, families, and foster parents.

ACO specializes in training and supporting all Ontario resource families. This one-day trauma training will provide a framework for parenting through the loss and trauma experiences unique to children on a permanency journey. This training can help support resource families, improve caregiver retention, and reduce breakdowns.

AGENDA

Morning

- ACE's & Developmental Trauma
- Loss & the Seven Core Issues
- Childhood Development
- Attachment

Afternoon

- Youth Journey mapping
- Therapeutic Parenting
- Self-compassion
- Resources

COST

Agency trainings can be arranged at the **cost of \$2,000 for classes of up to 20 foster parents and \$3,500 for classes of up to 40 parents.** Please contact pact@adoptontario.ca.

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 www.adoption.on.ca