

## SEARCH AND REUNION AS A HEALING PROCESS\*



### ACT Facilitator's Guide

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#### Supporting the Permanent Family Practice Tools

- Encourages reworking of previously unresolved adoption issues by breaking through any residual denial or grief
- Helps individuals deal with the reality of their situation
- Assists constellation members to integrate all aspects of their life, rather than compartmentalizing birth family and adoptive family
- Can end destructive secrecy
- Can validate participants' earlier decisions and their importance to each other
- Empowers constellation members to feel they can make decisions about their lives
- Gives constellation members the opportunity to communicate openly and to fill in missing information

\*Adapted from:  
Silverstein, D.S., & Roszia, S.K. (1994). *Understanding adoption today*. Jacksonville, FL: Daniel Memorial Institute.